

Bastyr Center for Natural Health

CERVICAL ESCAROTIC TREATMENT

Indications: Cervical dysplasia

Supplies

- Zinc Chloride
- Sanguinaria tincture
- Distilled water (1 cup)
- Calendula succus (1/3 cup)
- Bromelain powdered capsules/tablets (2-3)
- Cotton swabs: 10 large, 5 small and 4 paper cups
- Supplies for Vaginal Pack

Procedure

1. Mix ¼ teaspoon zinc chloride with 3/4 teaspoon Sanguinaria tincture in a cup.
2. Put each of the other supplies in a separate cup (distilled water, Calendula succus, Bromelain).
3. Insert speculum and visualize cervix.
4. Use a large cotton swab to blot the cervix dry.
5. Wipe the cervix with Calendula succus (removes mucus, debris).
6. Apply the Bromelain to the cervix in one of two ways:
 - i. Either add distilled water to the Bromelain powder to make a syrup which is applied with a small (dacron) swab into the endocervical canal/cervical os and over the face of the cervix or
 - ii. Dip a large cotton swab into the distilled water, squeeze out the water with your fingers and then dip the damp swab into the Bromelain powder and apply to the cervix (use a new swab with each application and a small swab for the endocervical canal).
7. Repeat until the endocervical canal and the face of the cervix are covered thickly with Bromelain (2-3 times).
8. Leave the Bromelain application on the cervix for 15 minutes with a lamp facing the vagina to provide gentle heat.
9. Remove the Bromelain by wiping with a large swab soaked with Calendula succus (use a small swab for the endocervical canal). Repeat 2-4 times. Absorb liquid in the posterior fornix with a large, dry cotton swab.
10. Apply the zinc chloride/Sanguinaria solution with a small (dacron) swab to the endocervical canal first, and then to the face of the cervix, avoiding contact with the vaginal wall. Prepare to rinse this solution off with Calendula succus if the patient experiences burning. Try for a one-minute minimal treatment time. Avoid contact of the zinc chloride/Sanguinaria mixture with the vaginal wall.
11. Remove the zinc chloride/Sanguinaria solution with swabs soaked with Calendula succus and absorb liquid in the posterior fornix with a large, dry cotton swab.
12. Insert a Vaginal Pack as described above with same patient instructions.
13. Repeat the Escharotic treatment twice weekly with two full days between treatments. Treatment time is determined by the diagnosis.
14. Instruct the patient to insert a vaginal suppository nightly (except during menses and nights when vaginal pack is in place) throughout the treatment time and for one month following. Alternate weekly between a Vitamin A suppository and an herbal suppository (Myrrh, Echinacea, Usnea, Hydrastis, Althea, Geranium, Yarrow).
15. Repeat diagnostic procedure (pap) one month after last suppository to assess treatment efficacy.

Resources

1. Hudson, T. *Women's Encyclopedia of Natural Medicine*. Los Angeles: Keats Publishing, 1999.
 2. Pizzorno, J. and Murray, M. *The Textbook of Natural Medicine*. New York: Churchill Livingstone, 1999.
- Revised 7/27/02 clinic/handouts/Cervical Escarotic Treatment